



A REVIEW ON MAJOR ASPECTS OF DENGUE

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ABSTRACT

Dengue is a viral illness caused by a RNA virus belonging to family Flaviviridae. This virus is further classified into four distinct serotypes. Dengue is spread by the bite of mosquito - *Aedes aegypti*. Symptoms of Dengue from moderate fever to extreme conditions such as dengue hemorrhagic fever and shock syndrome, which have significant distress and mortality. The disease has a huge percentage of clinically asymptomatic cases observed till now. Some common symptoms are frontal headache, fever, and severe musculoskeletal pain. Dengue is also responsible for many highly complex pathophysiological, economical and ecological problems. Dengvaxia is the first vaccine approved by FDA for the prevention of dengue disease caused by all serotypes of dengue virus Preventive measures should be taken to avoid disease extent and diminish epidemic flash up as it has turned out to be a major public health problem.

KEYWORDS: *Dengue, Aedes aegypti, DF/DHF, Pathophysiology, Vaccine*



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INTRODUCTION

Dengue refers to a mosquito-borne viral disease brought about by a virus known as dengue virus, which is an associate of the family Flaviviridae of genus Flavivirus and is an arthropod-borne virus^{1,2}. Flavivirus is further classified into four strongly correlated serotypes i.e. DEN-1, DEN-2, DEN-3, DEN-4, each serotype is sufficiently distinct in such a way that there is no possibility of cross-protection and epidemics caused by various serotypes (hyperendemicity) can take place³. Infection by any of the strain of dengue virus will provide lifelong immunity for that distinct strain only but not for other remaining strains of this virus^{4,5}. Dengue virus is carried by female anopheles mosquito *Aedes aegypti*. Manifestation are observed within 3 to 14 days after the infection whereas recuperation generally takes two to seven days^{1,6}. These majorly involve high fever, headache, nausea, joint and muscle pain and distinct skin rashes¹. In few percentages of manifestations, the disease develops into the lethal dengue hemorrhagic fever, consequential bleeding, blood plasma leakage and low levels of blood platelets, also into dengue shock syndrome, where severely low blood pressure occurs⁶. According to WHO dengue is observed as a paramount worldwide public health issue in tropical and subtropical nations. Dengue has perceived 30-times upturn worldwide in the time span of 1960-2010 and this was majorly due to idle mosquito control, increased population expansion rate, spontaneous urbanization, global warming, regular air travel, and inadequate health care services^{7,8,9}. Currently dengue is prevalent in 128 countries, mostly developing countries, posturing jeopardy to roughly 3.97 billion populations yearly. A latest dengue distribution model has discovered that there are about 390 million dengue infections per annum, out of these 96 million cases occurred apparently^{10, 11}. India is the epicentre of dengue and however there are many cases which have been profoundly underestimated^{12,13}. Transmission occurs between human and mosquito (*Aedes*) vector species in endemic, hyper endemic or epidemic pattern. *Aedes* is a day biting mosquito⁸. Though there is no approved anti-DENV therapeutic drug to cure or treat dengue. However a number of vaccine candidates are in clinical and preclinical development phase but none have been licensed yet. However a vaccine for dengue is approved and is available in many countries¹⁴. Mild and moderate type of dengue can be treated by giving fluids orally or intravenously on the other side blood transfusion might be helpful in rigorous cases¹⁵. For the confirmation of diagnosis various tests are available including detection of antibodies to the virus or its RNA¹⁶.

EPIDEMIOLOGY

Dengue is the most established emerging mosquito borne viral disease in tropical and sub tropical regions of the world. There is a 30-fold raise in dengue cases in the last five decades¹⁷. Dengue is reported in 110 countries till now¹⁸. Dengue viruses are known to be fully acclimatized to humans, and the well reclaimed primary vector *Aedes aegypti* is widely spread long ago from sylvatic cycles relating to non-human primates and canopy-dwelling *Aedes* mosquitoes in the rainforests of Asia and Africa¹⁹. Epidemic motion of dengue virus considerably leaped in the 1970s and 1980s, resulting in

global geographical expansion of dengue viruses and mosquito vectors, and the resulting prevalent transmission of DENV across the tropical and subtropical areas^{20,21}. The prime reasons for twentieth century widespread of dengue were various global trends like population growth, urbanization, modern transportation, global trade and the lack of effective mosquito control²²⁻²⁴. It has been reported that maximum cases of DENV virus occurred among the age group of 5 to 15 years in Asia which is followed by American tropics where 19 to 40 years was the general age of infection²⁵. In India the existence of dengue fever was first observed in 1946²⁶. Initial epidemics of Dengue in Eastern Coast of India was seen in 1963-1964, subsequently reaching Delhi and Kanpur in 1967 and 1968 respectively and at the same time it was also prevalent in the southern part of India²⁷⁻³⁵. First case of Dengue haemorrhagic fever was observed in Calcutta city in 1963. The epidemiology of DENV and its widespread serotypes has been always altering. In 1968 the serotype responsible for dengue epidemics was DV-4 whereas in 1969 DV-2 and DV-4 were isolated^{34, 36}. Then during the epidemics of 1970 it was completely replaced by DV-4 in Hardoi.³⁷ The prominent type of serotype prevalent in northern India including Lucknow, Delhi, Gwalior was DV-2 whereas during epidemic of 1997 at Delhi DV-1 was isolated^{38,39,40}. DV-2 was the most prominent serotype of dengue in Delhi till 2003 but later on all the serotypes of dengue were isolated hence changing the hyperendemic state whereas in 2005 it again changed to DV-3^{41,42}. DV-4 was reported in Andhra Pradesh, Mumbai and Pune and the outbreak was rigorous in nature^{43,44}. The simultaneous infection in some patients with multiple serotypes was the upshot of co-circulation of various type of dengue virus⁴⁵. Currently dengue fever is the cause of major illness and death in comparison to any other type of human arbovirus⁴⁶. According to recent estimates of dengue disease burden more than half of the world's inhabitants are reported to be living in areas that place them at high risk of DENV infection, with 390 million overall DENV infections, 96 million symptomatic infections, 2 million cases of severe dengue and an approximate 21,000 deaths per year^{13, 21}. In 2007 Intergovernmental Panel on Climate Change warned that due to climate change 1.5 to 3.5 billion people will be facing the risk of dengue by 2080's¹⁴⁹. In 2003, 2005, 2006, 2008 and 2009, the dengue incidence exceeded 10 per million population¹⁵⁰. Since 2010, a dengue incidence of greater than 15 per million populations has been reported annually¹⁵⁰. From 2010 onward, the states of Assam, Bihar, Jharkhand, Orissa and Uttarakhand and some union territories including Andaman and Nicobar Islands, Dadra and Nagar Haveli, and Daman and Diu have become endemic for dengue. India experienced the highest dengue incidence in 2012 (about 41 per million population), 2013 (61 per million population) and 2014 (32 per million population)¹⁵⁰.

VECTOR

Female *Aedes* mosquito is the reason for the transmission of different serotypes of dengue virus in humans. *Ae.aegypti* is the most significant epidemic vector in tropical and sub-tropical regions. Some other species has been reported to act as secondary vectors such as *Ae.polynesiensis*, *Ae.albopictus*, *Ae.niveus* and

member of *Ae. scutellaris* complex^{15,47}. But *Ae. niveus* is regarded as the only sylvatic vector⁴⁸. The life cycle of Aedes mosquito lasts for 8–10 days at room temperature based on the level of feeding but in some cases mosquitoes are reported to live for 2 weeks or more⁴⁹. There are two phases of lifecycle of mosquito: (i) aquatic (larvae, pupae) and (ii) terrestrial (eggs, adults) phase⁵⁰. Currently, *Ae. albopictus* has been reported as the most progressively significant vector because it has the ability to simply adapt to new-fangled environments, including temperate regions. *Ae. aegypti*

is a day biting mosquito and only female *Aedes* bites. Life span of Aedes mosquito is approximately 2 weeks only. Roughly after seven days of biting a virus infected person, the mosquito becomes infective or virulent. It has been reported that the mosquito lays its eggs in clean and stagnant water i.e. free of any organism. Every species has its own ecology, behaviour and geographical distribution. Eggs of this mosquito can stay feasible for few months in the absence of water^{48, 50, 51,52}. Life cycle of this mosquito is-

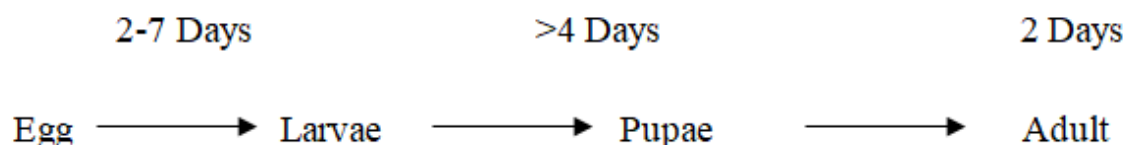


Figure 1

MODE OF TRANSMISSION

Transferral of dengue virus principally takes place through *Aedes* mosquito specifically through *A. aegypti*¹¹. It is reported that mosquitoes primarily attain DENV by consuming the blood of already infected individual⁴⁸. Initially it infects and duplicates in the mosquito's midgut epithelium. Afterwards it propagates with the help of hemolymph and reaches to increase its number in other organs like fat body and trachea of lungs and at the end eventually infects the salivary gland after 10 to 14 days after the meal⁵⁰. Hence DENV can be transferred in human as mosquito acquires blood meal from the infected person resulting in dissemination of the disease^{53,54}. The mosquitoes become infected when they feed on humans during the five day period of viremia. After an external incubation period the virus gets transferred from intestinal tract to the salivary gland of mosquito during ambient high temperatures in approximately 10 days⁵². After the bite of mosquito a person can suffer an acute arrival of fever along with some non specific signs and symptoms⁵³. Reasons for the expanding transmission of this disease can be global warming, urban sprawl, increased travel. An infected mosquito is capable of spreading virus throughout its life. Infected symptomatic and asymptomatic humans are also carriers and multipliers of this virus because if another *A. aegypti* mosquitoes acquires blood meal from the sick person during this feverish viremic stage, those non-infected mosquitoes may become infected and consequently pass on the virus to other healthy persons, after an extrinsic incubation time span of 8 to 12 days^{10,54}. Vector is a day time feeder and its peak time is early morning and evening before dusk^{55,56}. Virus does not tend to affect the mosquito in which it lives²¹. The *Aedes* species of mosquito is commonly involved because of its tendency to grow in artificial water containers so as to live in close contact to humans⁵⁷. Some other reasons for the transmission of dengue virus occurs viaproducts of infected blood, donation of organ and vertical transmission during pregnancy has also been observed in some cases along with a few cases of person to person transfer⁵⁸⁻⁶¹.

DENGUE VIRUS AND ITS PATHOPHYSIOLOGY GENOME

Dengue fever virus [DENV] is an RNA virus of genus flavivirus and family Flaviviridae⁶². Dengue virus is transmitted by mosquito hence it is also known as arbovirus i.e. arthropod borne virus⁶³. Virion of dengue comprises of spherical particles of 40 to 50 nm in diameter and an envelope of lipopolysaccharide⁶⁴. Genome of dengue virus is 11000 nucleotide bases long single stranded RNA with single open reading frame which codes for three different protein molecules i.e. capsid, membrane and envelope (C, prM and E) that forms virus particles and other seven non-structural molecules such as NS1, NS2a, NS2b, NS3, NS4a, NS4b and NS5, which are found in only host but are essential for viral replication⁵⁰. Viral proteins are synthesized in cytoplasm specifically on rough endoplasmic reticulum whereas the structural proteins get assembled and matured on luminal side⁶⁰. Further there are five different and distinct serotypes of virus i.e. DENV-1, DENV-2, DENV-3, DENV-4 and the fifth serotype of dengue was first proclaimed in 2013⁶¹. Antigenicity is the basis of the distinctions between these serotypes⁶². Genome of dengue virus also consists of some non-coding regions on both the 5' and 3' ends⁶³.

STRUCTURE AND IT'S FUNCTION OF DENGUE VIRUS (Table 1).

Dengue virus consists of an outer protein shell, a less characterized nucleocapsid core with RNA complex and a lipid bilayer that contains M protein and E protein, which mutually coordinate host-viral interactions during entry⁶⁴. Dengue virus bears different structure of surface during its maturation. The envelope proteins of dengue virus are made up of three subsets i.e. EDI, EDII, EDIII and a hinge motion takes place between EDI- EDII and EDI- EDIII⁶⁵. E protein is majorly introduced part of dengue virus antigen against which antibodies develop immune response during natural infection^{66,67}. All the dengue serotypes have similar E protein to the extent of 60 to 70%⁶⁸. The E-protein is an arrangement of 90 monomers that lie flat on the surface of DENVs and assists the entry of virus into cells of host by binding to cellular receptors and hence mediating the combination

of cellular and viral membranes^{69, 66}. The E-protein is made up of transmembrane region and an ectodomain which are divided into three functional domains :⁶⁶

1. EDI (envelope domain I)
2. EDII (envelope domain II)
3. EDIII (envelope domain III)

Apart from this these three domains differ in their immunogenicity and EDIII of all the serotypes generate sturdily neutralizing antibodies which are strictly serotype specific⁷⁰. Such serotype particular antibodies have been reported to be majorly involved in the trigger against the EDI/EDII hinge region, complex quaternary epitopes displayed on the E protein dimer and the whole virion^{71,72}. It has been reported that these are not cross reactive neutralizing antibodies instead they are serotype specific neutralizing antibodies that confer immunity against infection. It has also been reported that most of the immune response is obtained against the domains of EDI, EDII, and prM (yellow domain in the virus image)^{62,63}. Anti-EDI/II antibodies are largely weak or non neutralizing heterotypic type, whereas prM antibodies are cross-reactive and nonneutralizing. The virus utilizes these weak cross-reactive antibodies in

getting hold of access into the host cell via Fc receptor as an alternative pathway at the time of a secondary infection with a heterologous serotype, leading to intensification of infection^{73,74}. This process is referred to as antibody-dependent enhancement (ADE)⁷⁵. When a virus infects a new cell by the mechanism of receptor mediated endocytosis the E molecules transform its conformation into trimeric conformation in acidic compartment of endosome which further protrudes from the virus surface resulting in membrane fusion resulting in viral RNA release into the cytoplasm⁷⁶. NS1 proteins are firstly synthesized as soluble monomers and after dimerization in the lumen of ER these proteins become associated with the membrane⁷⁷. The intracellular NS1 protein plays a significant function in initial viral replication and is established in virus induced vesicular compartments that accommodate the viral replication complexes^{78,79}. The crystalline structure of NS1 protein is recently reported to expose hydrophobic domains in dimer that probably mediate the membrane fusion. NS1 can be isolated from the blood sample of infected person from the first day of infection and their amounts can vary from ng/ml to mg/ml at the sensitive phase of infection and further their levels in the blood are also an indication for severity of infection^{80,81}.

Table 1
Functions of viral proteins

Protein	Function
1. Capsid (C)	It binds and stabilizes viral RNA
2. Premembrane/membrane (prM/M)	(i) Pr peptide acts as a cap that protects the fusion peptide on E, hence preventing premature fusion (ii) M forms ion channel
3. Envelope (E)	(i) Helps in recognition and binding to the host cell (ii) Involved in uncoating of virus by enabling fusion of viral and endosomal membranes
4. NS1	(i) Helps in viral RNA replication (ii) Viral defence through inhibition of complement activation
5. NS2A	Helps in viral replication and assembly
6. NS2B	It is a NS3 protease cofactor
7. NS3	(i) Serine protease-cleaves viral polyprotein (ii) RNA helicase and RTPase/NTPase-viral RNA replication (iii) Induction of apoptosis in infected cells
8. NS4A	It induces membrane alterations and autophagy to enhance virus replication
9. NS4B	(i) Interacts with NS3-viral replication (ii) Blocks IFN- α/β -induced signal transduction and helps virus to escape host's innate immune response
10. NS5	(i) Methyl transfer as domain (ii) RNA-dependent RNA polymerase

PATHOPHYSIOLOGY

Dengue infection is both systemic and viral, which includes both severe and non severe clinical symptoms⁸². After incubation period the infection spreads immediately and leads to different phases of disease⁸³. When the mosquito bites a human, DENV probably enters the bloodstream and then flows over the epidermal and dermal layers causing the consequential infection of undeveloped epidermal and keratinocyte⁸⁴. The infected cells then drift from the site where infection is present to lymph nodes where macrophages and monocytes become target of infection⁸⁵. Because of this prime meet of various cells of single nuclear ancestry, including blood derived monocytes, myeloid, splenic and

macrophages of liver becomes damaged⁸⁶. It has been reported that at the time of initial infection with heterologous dengue virus, high concentration of DENV definite immunoglobulin G (IgG) will form a complex with newly formed viruses that attaches to and is occupied by single nucleus cells hence following the infection these mononuclear cells ultimately dies by the process of apoptosis i.e. programmed cell death^{87,88}. In this aspect, factors that affect the number of infected target cells, and therefore the extent of viremia, may also help in estimation of the ratio of unlike proinflammatory and anti-inflammatory mediators such as cytokines, and chemokines. It also helps to know the approach in which the inflammatory reaction affects the hemostatic system^{89,90}. Stromal cells of bone marrow have also

been reported to have susceptibility to dengue infection⁹¹. Liver is the major organ which is commonly concerned in DENV infections in humans^{92, 93}. Organ tropism has also been observed which indicates the higher levels of virus isolated from skin and lower levels from spleen, thymus and lymph node^{94, 95}. Generally the most severe clinical appearance during the infection course is not related with a high viral load⁹⁶. Once the incubation period is over, the illness starts immediately which is accompanied by the three phases i.e. Febrile, critical and recovery phase.^{94, 95,96,97,98}

FEBRILE PHASE

In this phase a sudden high grade fever is developed by patients. Febrile phase lasts from 2-7 days along with manifestations like skin redness known as facial flushing, skin burns, general body ache, myalgia, headache and arthralgia. Symptoms like sore throat, injected pharynx and conjunctival injection can also be observed in this phase whereas anorexia, nausea and vomiting are the most common symptoms. There is a possibility of misinterpretation of dengue infection during its febrile phase with a non-dengue febrile disease. In this phase a positive tourniquet test indicates the existence of DENV. Moderate symptoms such as mucosal membrane bleeding and petechiae e.g. nose and gums can also be observed. Liver becomes tender and enlarged after few days of infection. The preliminary irregularity in the full blood count is a gradual reduction in total leukocyte count, which specifies the maximum chances of dengue infection.

CRITICAL PHASE

During the period of abatement of fever, when temperature falls to 37-38 °C or even below this level, an increase in permeability of capillaries takes place in correspondence with increased haematocrit levels. This connotes the onset of critical phase. The time period of plasma leakage generally lasts for 24 to 48 hours. Plasma leakage is preceded by subsequent leucopenia followed by prompt decrease in platelet count. According to the intensity of plasma leakage, pleural effusion and ascites can be clinically detected. Along with this the extremity of plasma leakage can be reflected by the degree of increase above the baseline haematocrit. When paramount volume of plasma is lost shock occurs. With long-lasting shock, subsequent organ hypoperfusion results in continuous impairment of organs, disseminated intravascular coagulation and metabolic acidosis. Along with this, extreme organ destruction such as rigorous hepatitis, encephalitis or myocarditis and/or ruthless bleeding may also occur devoid of any noticeable plasma leakage or shock.

RECOVERY PHASE

In recovery phase, a steady reabsorption of extracellular compartment fluid takes place in the next 48 to 72 hours if the patient manages to endure the critical phase of one or two days. The haematocrit becomes stabilized or may be minor because of the dilutional outcome of reabsorbed fluid. Normally leukocytes count start to increase shortly after abatement of fever but the recuperation of platelet count is characteristically seen after the count of leukocytes become normal. Throughout the critical and/or recovery phase,

excessive fluid therapy is allied with congestive heart failure or pulmonary oedema.

DENGUE FEVER AND ITS CLASSIFICATION

According to WHO dengue fever is primarily categorized into two major groups: uncomplicated and severe⁹⁹. Extreme cases are correlated to severe plasma escape, disproportionate hemorrhage, organ impairment and some other remaining cases are regarded as uncomplicated^{11,100}. Dengue can also be categorised as undifferentiated fever, Dengue Fever [DF], and Dengue hemorrhagic fever [DHF]²². DHF is further classified into four grades:¹⁰¹

Grade I- Only mild ecchymosis or a positive tourniquet test

Grade II- Impulsive bleeding into some parts of body but mainly skin.

Grade III- Clinical sign of shock.

Grade IV: Severe shock - feeble pulse and blood pressure cannot be recorded.

In the above mentioned, grades III and IV includes Dengue shock syndrome [DSS]¹¹. Undifferentiated fever, DF, DHF are likely to represent the increasingly severe stages of a constant dengue disease scale¹⁰².

UNDIFFERENTIATED FEVER

This phase is often observed in the primary stage of infection whereas it can also befall occur after the initial secondary stage of infection. It often remains undiagnosed because it is difficult to distinguish it from various other viral infections.

DENGUE FEVER

In this case initiation of manifestations is categorized by a dual phase, high-grade long term fever of 3 days to 1 week^{103,104}. Dengue is associated with myalgia and pain in joints therefore it is also known as breakbone fever^{105, 59}. Cases of skin rashes have also been reported¹⁵². Occasionally, distinct lesions may combine and they will be presented as extensive confluent erythematous areas with isolate bleeding spots giving a characteristic manifestation of "white islands in a sea of red"^{106,107}. The cutaneous rash is generally asymptomatic, and pruritus is reported in few cases^{108,109}. Bleeding incident is uncommonly seen in DF, even though gingival bleeding, epistaxis, petechiae/purpura, gastrointestinal tract (GIT) hemorrhage and substantial menstruation can take place^{103, 110}. It is also identified by the abrupt inception of fever and a range of unclear signs and symptoms, together with body aches, retro-orbital pain, frontal headache, weakness, joint pains, nausea and vomiting, and rash^{11,10,53,107,111}. Thrombocytopenia is frequent in dengue fever¹¹².

DENGUE HEMORRHAGIC FEVER AND DENGUE SHOCK SYNDROME

Dengue Hemorrhagic Fever is often indicated by a secondary dengue infection. It may also occur during a primary infection in infants because of maternally inherited dengue antibodies¹¹³. It is a disease of children under 15 but can also occur in adults^{11,113}. Because of late diagnosis and improper supervision, some patients may experience shock from loss of blood that can be mild or rigorous¹¹⁴⁻¹¹⁶. In patients suffering

from severe DHF or DSS some imprecise signs and symptoms are observed which results in the rapid worsening of the patient's health condition¹⁰. A recurrent severe pain in abdominal area soon before the beginning of shock is experienced¹¹⁵⁻¹¹⁷. Once the shock is overcome, even patients with unnoticeable pulse and blood pressure will generally get better within 2 to 3 days¹¹⁷. Hepatomegaly is a common but not regular verdict^{10,115,116}. The most important pathophysiological irregularity observed in DHF and DSS is a sharp rise in vascular permeability that results in leakage of plasma into extravascular section, resulting in hemoconcentration and a reduction in blood pressure^{117,118}. Hemostatic alterations in DHF and DSS include 3 factors i.e. vascular changes, coagulation disorders and thrombocytopenia¹¹⁷. The most recognized factors include deficiency and dysfunction of platelets Vasculopathy and defects in the blood coagulation pathways¹¹⁹. Increased damage of platelets and decreased production of platelets can cause effect in thrombocytopenia in DHF¹²⁰⁻¹²². The blood vessels become fragile due to impaired platelet function and this result in hemorrhage²¹. The clinical path of DHF is identified by three phases: Febrile, leakage, and convalescent phase. The initiation of the febrile illness is characterized by high-grade fever along with legitimate signs and facial erythema¹⁰⁴. The primary febrile illness is identified by a morbilliform rash and hemorrhagic tendencies¹²³. The fever continues for 2 days to 1 week and then falls to normal or abnormally low levels⁸⁹.

DIAGNOSIS

Dengue virus infection is diagnosed by confirmation of anti-DV IgM antibody or by NS-1 antigen in the serum of infected person using ELISA kits and other commercial kits⁹⁰. Five basic serologic tests regularly used for diagnosis of dengue infection are Hemagglutination-inhibition (HI), neutralization test (NT), complement fixation (CF), immunoglobulin M (IgM) capture enzyme-linked immunosorbent assay (MAC-ELISA), and indirect immunoglobulin G ELISA^{124, 125,126}. Molecular method which includes the use of PCR is also used for diagnosis¹²⁷. Also isolation of dengue virus in tissue culture cells and its sequencing is performed¹²⁸. Rooted diagnosis of dengue can be done by various tests like counting of platelets, Hematocrit Test, Detecting specific antibodies¹²⁹. The favoured microbiological assays include the isolation of virus in cell cultures serological recognition of viral antigens (such as NS1) or particular antibodies and nucleic acid expression by polymerase chain reaction (PCR)¹². However early disease is sometimes confused with other viral disease²². The diagnosis should be examined in anyone who develops a fever within two weeks of being in the tropics or subtropics¹³⁰. Virus isolation and nucleic acid recognition are more correct and precise in comparison to antigen detection, but on the other hand these tests are not broadly accessible due to higher cost¹¹. In worse case such as internal hemorrhage, whole blood transfusion can be done¹³⁰.

TREATMENT

As dengue is an infection caused by virus so treatment can be undertaken using the uncomplicated perception for getting relieve from pathogen and hence restraining the difficulties¹³¹. Generally in simple dengue oral fluid

is administered and hospitalization is not required whereas in severe cases fluid replacement is must along with hospitalization and proper care¹³². Intravenous fluid substitution with the help of either colloids or crystalloids must be considered to avoid shock¹³³. It is important to maintain the electrolyte status of the body to prevent the low or excessive administration of fluids¹³⁴. It is observed that there are high chances of developing shock due to the continuous increase in hematocrit with a subsequent decrease of platelet count therefore detecting the hematocrit and platelet count must be performed for at least one day after the intravenous fluid administration is discontinued in order to block fluid intoxication in the recovery phase which is likely to occur due to fluid relocation¹³⁵. A particular antiviral drug is not on hand till now whereas in plants medicine, various sulfated polysaccharides obtained from seaweeds have been studied which are proven to have high antiviral activity against dengue virus¹³³. Some of the drugs including Ribavirin and glycyrrhizin and 6-azauridine are proved to have cytostatic and suppressing effects on the dengue virus¹³⁴. An adenosine analog 'NITD008' is another capable drug at present being considered for the treatment of dengue¹³⁵. Discovery of viral proteins may help in the development of successful drugs against dengue virus¹³⁶.

DENGUE VACCINE

Researchers are now working on the development of tetravalent vaccine for all serotypes of dengue virus because it is reported that a lifelong protection can be achieved for the homologous virus with the help of antibodies produced during the time period of infection but only short-lived protection is available from the other three serotypes¹³⁷. There are five types of vaccines which are in progress; these are classified as inactivated vaccines, subunit vaccines, chimeric live attenuated vaccines, live attenuated vaccines and nucleic acid-based vaccines^{138,139}. These vaccines are required several times to attain immunity against dengue virus¹⁴⁰. Different antibody responses, such as antibody dependent cell mediated cytotoxicity and complement fixation, might also associate with antibody mediated protection in opposition to DENVs^{141, 142}. Various examples of dengue vaccines includes DENVax¹⁴³ and a Vaccine developed by Sanofi Pasture¹⁴⁴. Dengvaxia is the first vaccine to be developed which provide resistance against all four serotypes of dengue^{145,146}. However Dengvaxia is not approved by the government of India because more clinical trials are thought to be necessary in India^{147,148}.

CONCLUSION

The current review reveals the concurrent infection of dengue as there has been increase in the number of infection cases. Dengue infection can prove to be lethal if not treated well on time. Considering this an early diagnosis is important. Awareness of this infection is necessary among common people. There is the possibility of treatment if diagnosis is done on time. Development of new diagnostic tests is also required. A vaccine has been developed known as Dengvaxia which was first approved by US government. Along with all above public engagement programs for prevention and

control of this mosquito transmitted infections are warrant.

AUTHORS CONTRIBUTION STATEMENT

Mrs. Hardeep kaur conceptualized and collected the data with regard to the topic. Ms. Reema Sharma designed the manuscript. Manuscript writing was done by both.

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CONFLICT OF INTEREST

Conflict of interest declared none.

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