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## ABSTRACT

Commercial detergents are available in plenty, and the toxic effects to humans is studied experimentally on an animal and compared for its effects on humans. The study is aimed for the possible toxic effects resulting from the misuse of Lyarkina solution used as a detergent. The inflammatory effect is caused by Lyarkina which is a solution of Sodium hypochlorite with or without sodium hydroxide solution *Objective*. The possible toxic effects resulting from the misuse of Lyarkina solution used as a substitute for detergents.

Experimental set-up : Derna Hospital ,Omar El-Mukthar university ., Derna .

Methods: The inflammatory effects of Lyarkina on experimental animals (Rabbits) and on humans is studied. The number of patients on whom the experiment is performed crossed over 100, and 50% were females.

*Results*: The study revealed that in most patients the inflammation of the skin was evident by severe itching caused by severe irritation and in some patients the eczematic reactions were observed. Even psychological effects were also observed ,where some vegetables ,citrus fruits , garlic and onions influenced the toxicity.

*Conclusion:* The study confirmed the toxic effects to humans on misuse of the Lyarkine solution and should be avoided and replaced by the regular detergents.

### KEYWORDS

Detergents ,Lyarkina , Eczematic reaction ,Skin inflammation , Prevention, Sodium Hypochlorite

### INTRODUCTION

Lyarkine solution is more used abundant detergent in Libya for the purpose of cleaning , bleaching and removal of dirt's from substrates .

This solution consists of Sodium Hypochlorite solution in water having a concentration of 11.1 % (W/V) .Other regular detergent solution consists of only 10%(W/V) Sodium Hypochlorite and

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10%(W/V) Sodium Hydroxide in water with a P<sup>H</sup> of 9-11.

#### EXPERIMENT

1.**Experimental Animals** : Seven male rabbits aging from 20days to 30days are used for the experiments . They were fed with water ad-lib and fresh vegetables .The experiment was conducted for 14 days with the same condition maintained for the complete duration of time . The experimental Lyarkina solution was applied to the animals on the left thigh as it presented a large area . The animals were exposed to lyarkina solution for 15 minutes at

an interval of 24 hours ,one week and two weeks and the changes was observed and photos are camera taken by digital а Then the hair was removed and the naked skin was wetted with the experimental Lyarkina solution of a period of 10 minutes for 14 days . After 10 minutes of exposure to Lyarkina solution the skin of the animal was washed with distilled water , since the females who use the solution wash after few minutes of exposure . One animal was used as a placebo .The results are illustrated in Table 1.

#### Table : 1

#### CLINICAL OBSERVATION OF THE ANIMALS AFTER EXPOSURE TO THE LYARKINA SOLUTION

Results	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
	Mild redness	Redness	Severe	Brownish	Formation	Inflammation
	to the skin	increased	redness to the	decolorization	of brownish	under the scar
		with dark	skin with	with dry	dry scar and	,but
Symptoms		spots	formation of	shrinked skin	shrinking of	disappearanc
after		appearance	ulcer		skin	e of the scar
exposure	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12
to dilute	v	·	v	v	v	•
Lyarkina	Inflammation	Slight	Disappearanc	Slight damage	Mild	Mild
solution	under the scar	damage of	e of scar and	and reform of	inflammatio	inflammation
	,but	skin under	formation of	new scar	n	in the
	disappearance	the scar	another scar		susceptible	surrounding
	of the scar				to curing	of the scar.



Results	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Symptoms after exposure to concentrated Lyarkina solution	Within 10 minutes of application the animal started bleeding , and ulcers observed after 15 minutes and inflammation of the skin <b>Day 7</b> Animal unable to move the thigh with increase in inflammation	Severe ulceration with dark spots and shrinkage of the skin with transparent exudations Day 8	Severe inflammation with transparent exudations Day 9	Severe inflammation with transparent exudations Day 10	Severe inflammation with transparent exudations Day 11	Animal unable to move the thigh

### DISCUSSION

From the above results it is evident that Lyarkina solution is a strong irritating agent .The concentrated solution showed severe symptoms evidenced by the skin changing into redness , ulceration (appearance of dark dots) ,bleeding and secretion of transparent exudates .The symptoms increased even to the extent that the animals were unable to move the left thigh.This indicates the possible irritation to cause

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the humans if they use the concentrated Lyarkina solution .So the further experiments were conducted on humans with the same concentration level used on animals .



Animals before exposure to LYARKINA solution



Exposure to dilute solution on Day 1



Exposure to dilute solution on Day 3



Exposure to dilute solution on Day 8



**Exposure to dilute solution on Day 12** 



Exposure to concentrated solution on Day 1





Exposure to concentrated solution on Day 3





Exposure to concentrated solution on Day 7

Exposure to concentrated solution on Day 5

#### 2. Observation on Humans :

1	tent is repeated on 100 patients exposed to the same detergent solution at Derna Hospital. Out of 100 yere males and 50 were females. The observation was conducted on the patients for the possible skin								
reactions	and	in	some	cases	for	ever	respiratory	changes	
The	results		are	illust	rated	in	Table	2	_



#### Table 2

#### CLINICAL OBSERVATION OF PATIENTS EXPOSED TO LYARKINA SOLUTION

MALE	FEMALE	Р
24	38	>0.1
40	32	>0.1
36	30	>0.1
12	12	>0.025
80	68	>0.025
8	20	>0.025
52	60	>0.0
18	50	>0.0
30	44	>0.0
28	44	>0.025
12	12	>0.025
60	44	>0.025
14	16	>0.05
60	52	>0.05
20	32	>0.05
24	26	>0.05
62	50	>0.05
14	24	>0.05
	24         40         36         12         80         8         52         18         30         28         12         60         14         60         20         24         62	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$

The use of Gloves to protect the hands was not effective in preventing, rather it increased the irritation by preventing the perspiration of the sweat from the hands. It was observed that gloves coated with cotton or felts protected the hand and reduced the irritation. Some vegetables tomato ,onion and garlic and some citrus fruits like oranges and lemon potentiated the irritation was also observed. It is advised not to use these items when exposed or when suffering from the allergy caused by the Lyarkina solution .

#### CONCLUSION

The Lyarkina solution should be used with great protection and it is recommended to use cotton coated gloves to protect the hands . Some



mentioned fruits and vegetable contacts should be avoided on exposure with the Lyarkina solution .

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